



Martial Arts



Welcome to Villa Park Tang Soo Do where future Black Belt leaders are born. Master Tony Perkins, in cooperation with Eagle Academy of Martial Arts, employs his 30+ years of teaching experience to create a safe, fun, and enriching experience for students of all ages. Classes are run year-round: Winter, Spring, Summer, and Fall!

Little Champions

Training designed for our youngest martial artists of all ranks. Through the use of soft targets, focused games, and obstacle courses, students will learn the basic stances, punches, kicks, and blocks used in martial arts. Additionally, they will improve their gross motor skills, balance, and coordination. Emphasized throughout the lessons are the essential tenets of concentration, respect, and self-control.

AGES: 4-5

\$105 NEW FEE 11 CLASSES NO CLASSES: 12/25, 1/1, 4/2

Th	5:30-6:15 pm	Dec 4-Feb 26
Th	5:30-6:15 pm	Mar 12-May 21

Young Leaders

Beginning & Returning up to Green/Orange belt

AGES: 6-12

\$105 NEW FEE 11 CLASSES

NO CLASSES: 12/22, 12/29, 2/16, 3/30, 5/25

M	6:00-6:45 pm	Dec 1-Mar 2
M	7:00-7:45 pm	Dec 1-Mar 2
M	6:00-6:45 pm	Mar 9-May 18
M	7:00-7:45 pm	Mar 9-May 18

Intermediate/Advanced Youth

Orange/Green belt & up

AGES: 6-14 (Exceptions require Instructor permission)

\$105 NEW FEE 11 CLASSES NO CLASSES: 12/25, 1/1, 4/2

Th	6:30-7:15 pm	Dec 4 - Feb 26
Th	6:30-7:15 pm	Mar 12 - May 21

Adult Group

All ranks (Adv Youth allowed with instructor consent).

AGES: 13 and older

\$110 NEW FEE 11 CLASSES

NO CLASSES: 12/22, 12/25, 12/29, 1/1, 2/16, 3/30, 4/2, 5/25

M	8:00-9:00 pm	Dec 1 - Mar 2
Th	7:30-8:30 pm	Dec 4 - Feb 26
M	8:00-9:00 pm	Mar 9 - May 18
Th	7:30-8:30 pm	Mar 12 - May 21

BIKE SAFETY RODEO

Sunday, May 3 | 1:00-3:00pm **NEW**

Our first annual Bike Safety Rodeo will take place on Sunday, May 3 at the corner of Ardmore and the Illinois Prairie Path. Ride or bring your bike and learn valuable safety tips to enjoy safe bicycle riding. Register your bicycle with the Villa Park Police Department. Ride your bike through the bike safety course. Meet Ride Illinois, Working Bikes, Elmhurst Cycling Club, CAMBR, and learn about bike safety from professionals.

- Raffles and Giveaways
- Villa Park Police officers will register bikes
- Local Vendors and Bicycle Shops
- Used Bike Donation Drive - Working Bikes will collect used bikes and bicycle parts.

**PRAIRIE PATH AND ARDMORE AVE.
FREE FAMILY EVENT**



My 9 year old daughter learned many valuable safety skills...

She organized a bike-bus with her friends to school in the fall. I feel more comfortable as a parent to give her the freedom to ride to school knowing the rules of bike/car safety due to this program. More people need to know about Smart Cycling!"

- Jamie, Mom



Group Relaxed-Paced Bike Ride

NEW

Explore the Prairie Path on two wheels! This casual, slow group ride is perfect for beginners and moderate riders looking to enjoy a relaxed-paced group ride. Participants will learn safe cycling practices while experiencing the scenic beauty of the local trails. Group rides offer a fun way to stay active and meet fellow riders. Helmets are required. Come ride with us and discover the joy of cycling!

**PRAIRIE PATH TRAILHEAD
(VILLA AVE., NEAR THE HISTORICAL MUSEUM).**

AGES: 12 and older

FREE 6 CLASSES

F	5:30-6:30 pm	April 17-May 22
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