

## Indoor Swim Lessons at Addison Park District

Indoor Swim lessons are held at the Addison Park District, 1776 W Centennial Place, Addison, IL 60101.

SESSION	DATE	FEE
Session 1	Jan 5-29	\$95
Session 2	Feb 2-26	\$95
Session 3	Mar 2-26	\$95
Session 4	Apr 6-30	\$95
Session 5	May 4-21	\$71

Student-instructor ratio is 4:1 for beginner classes



Two days per week; three or four-week sessions.

### BEGINNER/INTERMEDIATE LEVELS

DAYS	TIME
M/W	4:45-5:15 pm
M/W	5:30-6:00 pm
M/W	6:15-6:45 pm
Tu/Th	4:45-5:15 pm
Tu/Th	5:30-6:00 pm
Tu/Th	6:15-6:45 pm



#### Tadpoles AGES: 3-10

Tadpole swimmers must be at least 3 years old. Instructors will assist swimmers in learning skills such as blowing bubbles, kicking, arm circles, and floats during games and songs. Swimmers must perform a front float for 5-10 seconds to advance.

#### Frogs AGES: 3-10

Frog swimmers will be assisted by instructors to perform beginning freestyle arm strokes, breathing to the side, and swimming independently. Frog swimmers must be able to float independently to be in this class. To pass they must swim approximately 5 yards and lift their head to take a breath with no assistance.

#### Stingrays AGES: 4-10

Stingray swimmers must be able to swim independently. Stingray swimmers will work on swimming freestyle with assistance, kicking on the back, diving, and treading water. Swimmers must swim half the length of the pool using a kickboard with correct form using arm strokes and flutter kick and kick same distance on the back without assistance to advance.

#### Marlins AGES: 4-10

Marlin swimmers will learn freestyle and back stroke halfway across the lap pool without assistance. Marlin swimmers will also work on open turns and treading water for a longer length of time. To pass, swimmers must use the correct form to swim freestyle with arm strokes and flutter kick and kick same distance on the back without assistance.

### ADVANCED LEVELS

#### Sharks AGES: 4-14

Shark swimmers are working on stroke efficiency and endurance. They are introduced to the breaststroke kick, somersaults, and competitive racing dives. Must swim 50 yards of freestyle and backstroke, and demonstrate breaststroke kick to advance.

DAYS	TIME
M/W	5:30-6:00 pm
Tu/Th	5:30-6:00 pm

#### Dolphin AGES: 4-14

Dolphin swimmers advance to learning breaststroke and are introduced to the butterfly, flip turns, competitive racing dives, and continue to improve freestyle and backstroke. Dolphin swimmers must swim 100 yards freestyle and backstroke, 50 yards breaststroke, and 25 yards of butterfly kick to complete Dolphin level training.

DAYS	TIME
M/W	6:15-6:45 pm
Tu/Th	6:15-6:45 pm

#### Swim 101: Preteens & Teens AGES: 11-14

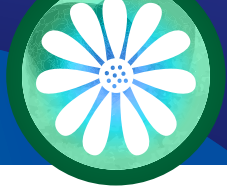
This class is designed for swimmers or non-swimmers ages 11-14 who are new to swimming or need to build confidence in the water. Participants will learn essential water safety skills, basic strokes, and how to feel comfortable and in control in the water. No prior swim experience needed - just a willingness to learn and have fun!

DAYS	TIME
M/W	6:15-6:45 pm

#### Swim Clinic AGES: 5-14

This class offers competitive swim workouts and instruction. Correct competitive strokes, starts, flip turns, and finishes are taught. Ideally participants would have passed our Dolphin level to enroll. Swimmers should be able to swim freestyle and backstroke for 100 yards, breaststroke for 50 yards, and have an introduction to butterfly stroke prior to joining.

DAYS	TIME	FEE
Tu/Th	7:00-8:00 pm	\$160



## Lifeguard Certification Course

Work outside as a lifeguard this summer and get paid!

If you are at least 15 years of age and able to pass a preliminary swim test you could work as a lifeguard for the Village of Villa Park.



Earn Money  
Be a Leader  
Save Lives

The American Red Cross has released a new lifeguarding course that is available through our Parks & Recreation department.

**Become a Lifeguard**

Sign up Today

**American Red Cross**

Successful completion of the course will certify you for two (2) years in American Red Cross Lifeguarding, First Aid and CPR for the Professional Rescuer.

Please email inquiries to [jpool@invillapark.com](mailto:jpool@invillapark.com).

Upon passing this course and receiving an endorsement from the instructor, employment will be strongly considered.

Fee includes the cost of certification and book.

**PLEASE NOTE:** Candidates should complete an employment application at [invillapark.com/jobs](http://invillapark.com/jobs). Employment is not guaranteed. Please complete an employment application prior to the first class. Village Lifeguards are recertified every 2 years for FREE.

**AGES:** 15 and older

**\$75 Villa Park Aquatic Team Candidates**

**\$375 General Public**

### COLLEGE OF DUPAGE SWIMMING POOL

Sa	12:00-4:00 pm	Apr 12, 19
Su	12:00-4:00 pm	Apr 18

### CLASSROOM SESSIONS

F	6:00-8:30 pm	Apr 17 - May 15
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**Get PAID to work poolside this summer!**

[invillapark.com/jobs](http://invillapark.com/jobs)

Keep an eye out in early spring for Summer 2026 pool employment opportunities.

Visit our website periodically for updates and application details.

## WSI Certification

The Village of Villa Park is offering a Water Safety Instructor course this summer 2026! To become a Water Safety Instructor, you must be at least 16. Becoming a certified Water Safety Instructor or Basic Swim Instructor increases your professional commitment to water safety as an aquatic professional and qualifies you to teach Learn-to-Swim classes and coach at all levels. BSI qualifies you to teach LTS to level 3 and coach beginning swimmers. Candidates will receive login information by email and be required to complete online training prior to the start of this blended learning class. Fee includes the cost of certification and book. Renew your WSI/BSI for free by teaching swim lessons at Jefferson Pool and completing online recertification.

**AGES:** 16 and older

**\$75 Villa Park Aquatic Team Members**

**\$375 General Public**

### JEFFERSON POOL AND NORTH TERRACE PARK

M-Th	8:00-11:45 am	June 1-11
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**PLEASE NOTE:** Candidates must complete an employment application at [invillapark.com/jobs](http://invillapark.com/jobs) prior to the first class. Employment is not guaranteed. WSI certification is valid for 2 years and is renewed by submitting course completion records with the American Red Cross.



## 2026 Jefferson Pool Season Saturday, May 30 – Sunday, August 30

**SEASON SWIM  
POOL PASSES GO ON SALE  
FRIDAY, MAY 1**



### POOL HOURS

#### MONDAY-THURSDAY

**12:00-6:00 pm Open Swim**  
(Children under 10 must be accompanied by an adult)

**6:00-8:00 pm Evening Swim**  
(Children under 14 must be accompanied by an adult)

#### FRIDAY-SUNDAY

**12:00-6:00 pm Open Swim**  
(Children under 10 must be accompanied by an adult)

**6:00-7:00 pm Evening Swim**  
(Children under 14 must be accompanied by an adult)

#### Season Swim Pool Passes

Season swim pool passes go on sale Friday, May 1. If you have previously purchased a photo pass, you simply need to complete a renewal application. Renewal applications will be emailed to all 2025 pass holders and pass applications for new pass holders will be available at the Villa Park Recreation Center and on our website, [invillapark.com/aquatics](http://invillapark.com/aquatics) prior to May 1.

Information regarding season swim pass fees and procedures for purchasing swim passes will be available in the Summer 2026 Programs and Events Guide. **The Village Board of Trustees set the fees for Jefferson Pool in the month of April.** Fees will be listed in the Summer Program and Events Guide that is released at the beginning of May.

#### Pool Rentals

Jefferson Pool is available for private rentals! Lifeguards are provided. Rental deposit must be paid in full to reserve a date. Pool Rentals are reviewed and accepted through an online application process, visit [invillapark.com/rentals](http://invillapark.com/rentals) to learn more. Pool rental dates can be reserved between Friday, June 5 and Saturday, August 8. Applicants must pay their deposit in full.

**Rental Deposit Res \$125/ NR \$200**

**Rental Fees Res \$315/ NR \$475**

**7:15-9:15 pm Friday or Saturday (Sunday is reserved for rainouts)**

#### SATURDAY, MAY 30 - 12:00 PM

Jefferson Pool will open for the season.

#### SWIM MEETS

Jefferson Pool will close at 5:00 pm on scheduled Wednesday swim meets.

#### EVENING SWIM AND OPEN SWIM

- There will be 2 lanes available for Adult Lap Swim during Open Swim every day.
- The final date of weekday Open Swim is Wednesday, August 12, 2026.

#### MONDAY-WEDNESDAY, AUGUST 10-12

Jefferson Pool will be open 12:00-6:00 pm.

#### STARTING THURSDAY, AUGUST 13

Jefferson Pool will be closed Monday to Friday.

#### STARTING SATURDAY, AUGUST 15

Jefferson Pool will be open 12:00-6:00 pm on Saturdays and Sundays until we close for the season at 6:00 pm on Sunday, August 30.



## Mariners Swim Team

The Mariners swim competitively in the White Division of the DuPage Swim and Dive Conference, with swim teams including Bloomingdale, Carol Stream, Itasca, Roselle, and Woodridge. The season includes swim meets that are scheduled on a variety of Wednesday evenings and Saturday mornings, with season ending conference A and B meets in mid-July. Swimmers are expected to attend all practices Monday-Friday at Jefferson Pool. Swimmers must successfully swim one 25-meter length of the pool using a competitive stroke to participate. Parents and or family members are strongly encouraged to become involved in the Mariners Parent Organization.

## Mini Mariners

The Mini Mariners is for swimmers aged 5-8 who do not have previous swim team experience and/or are not ready for daily practices. Swimmers can participate in this team for one season only. Practice is held three times per week. Mini Mariners will compete in the four (4) home meets and are eligible to compete in one conference meet. All swimmers must successfully swim one length of the pool using a legal stroke in order to participate. The Mini Mariners team is not a prerequisite for the Mariners Swim Team.

**The Villa Park Mariners volunteer parent Board will hold an Informational Parent's Meeting on May 19 and 20 from 6:30-8:00 pm at the Villa Park Recreation Center.**

## Swim Team Registration

Registration is held online and at the Villa Park Recreation Center

- Early Discounted Registration  
Monday, January 5-Monday, April 13, 2026
- Open Registration begins Tuesday, April 14, 2026

Age	Practice Time	Early Discounted Registration Fee	Open Registration Fee
<b>Mini Mariners</b>			
5-8	9:00-9:45 am	\$105	\$110
Age	Practice Time	Priority Registration Fee	Open Registration Fee
<b>Mariners</b>			
6-8	9:00-9:45 am	\$125	\$135
9-12	8:00-9:00 am	\$125	\$135
13-18	6:30-8:00 am	\$125	\$135

Second and subsequent swimmer(s) in the same family receive a \$10 discount Early Discounted Registration only!

Please note that unincorporated residents or non-residents of Villa Park will pay an additional \$3 per swimmer at registration.

## Regular Season Practice Schedule

**June 1-July 11** or July 18 depending on Conference participation.

**Mini Mariners Swim Team Monday / Wednesday / Friday**

**Mariners Swim Team Monday-Friday**

Please select a practice time based on your swimmer's age as of June 1. Swimmers must adhere to their selected practice time.

## Jr. Mariners NEW

Introducing Jr. Mariners! Swimmers who do not meet the requirements to participate in Mariners or Mini-Mariners and would like to experience more than swim lessons can participate in Jr. Mariners. Swimmers must be able to swim the short length of the pool (18') on their front or back, or a combination of front and back. Jr. Mariners practice at the same time as Mini Mariners, but do not participate in swim meets. A mock swim meet will be held on the last day of practice, Friday, July 10.

**AGES: 4-7**  
**\$99 17 CLASSES**  
 M/W/F 9:00-9:45am  
 June 1-July 10

